



dermalogica[®]



25 Town Gate
Northowram
Halifax
HX3 7DX
Tel: 01422 200020
www.the-therapy-rooms.co.uk

The Therapy Rooms

...for the skin you're in

We warmly welcome you and aim to offer the best facilities with the highest quality treatments. All therapies are tailor made to suit each individual client.



The Therapy Rooms is honoured to be awarded Dermalogica® Circle Status for the past 4 years. This exclusive accolade is designed to recognise and reward premier skin centres for their commitment to the Dermalogica® brand.

We pride ourselves by offering you the best in good skin health and wellness. Our Experts have a vast wealth of qualifications and knowledge to provide amazing treatments for the face and body.

Opening times

We are available by appointment, 6 days per week, Monday to Saturday.

Telephones

To ensure your visit is relaxing as possible, we request that telephones are switched off when entering The Therapy Rooms.

Treatment time

All treatment times are approximate and include any consultations and preparation time.

Gift vouchers

All Gift Vouchers are bespoke. You choose the value or the treatment, a welcome treat for somebody special.

Cancellations

We respectfully request 72 hours notice if you are unable to attend your appointment. Failure to do so may result in a charge.

25 Town Gate, Northowram, Halifax HX3 7DX

Telephone: 01422 200 020

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About us

Meet our friendly, qualified and knowledgeable skin care experts.



Theresa

Namaste. My mission is to encourage people to help themselves to heal and grow; improving balance and wellbeing. I offer comprehensive treatments for both gentlemen and ladies. All my clients' treatments are carried out with love and energy. My holistic approach and expertise is applied to facial skin and body treatments.

Dermalogica® is my passion. Having used Dermalogica® products for over 20 years I believe I realise the needs of good skin health and true wellbeing in one skin centre.



Debra

I started my career in 2004 and have worked with Dermalogica® since then. Between 2004 and 2015 I worked in the same salon perfecting my craft and learned the importance of providing a sanctuary for both men and women.

I concentrate my treatments on holistic and skin health. I became self-employed in 2015 and joined Theresa at The Therapy Rooms. I hope you enjoy your experience with us.

One treatment: different every time

Your face tells its own unique story and a great skin treatment should be personalised just for you. Whether you have an oily t-zone and flaky cheeks or puffy eyes and sensitivity, your treatment will be tailor made each time to solve your specific concerns.

All you need to do is decide the time you have available and our highly trained skin care experts will do the rest. We proudly use Dermalogica® products in all skin treatments and recommend Dermalogica® homecare for unsurpassed results.



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dermalogica® expert active treatments

dermalogica® skin fitness plan

£10

As part of every Dermalogica® skin treatment, you will receive a complimentary skin fitness plan powered by face mapping®. This in depth complimentary skin analysis, coupled with discussion on your key concerns, will give you incredible personal insight into why your skin is the way it is. Leave armed with a full understanding of how to have the best skin you can have and a ton of professional tips on getting the most out of your homecare.

£10 redeemable against any Dermalogica® Treatment or product.

SkinSolver® treatment

£10

Fix skin concerns fast with our 10-minute express seated treatment. Let your professional skin therapist show you professional hacks that get you the max in healthy skin. Ideal if you are new to skin treatments, need a skin pick me up or prior to a special event.

ProSkin 30

£35

Our customised treatment, on your time! Targeting your key concern for maximum impact in minimum time, this treatment is a firm favourite with those who have just 30 minutes and want visible results and great value.

£25 for clients age 21 or under.

ProSkin 40

£45

Fully customised, Targeting two key concerns for maximum impact, this treatment is a perfect balance between time and budget.

ProSkin 60

£55

The ultimate treatment, different every time. Customised with advanced products, techniques and technology in a soothing environment made for relaxation. The ideal choice for those who want a comprehensive experience to address all skin concerns and achieve healthy glowing skin. Recommended series of 6 treatments over 12 weeks.

Take this option and receive your 6th treatment free, saving £55.

Face and luxurious foot treatment

£45

For the face... Luxurious double power cleanse, skin specific masque, hydrate and moisturise.

And for the feet... Are you on your feet all day? Do your legs ache?

This nourishing foot treatment will give your feet the attention they deserve. Foot scrub, hot oil, heated boots, foot and leg massage, finishing off with Dermalogica® hydrating cream.

Add an additional touch therapy to any skin treatment £15.



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dermalogica® expert active treatments

Bio-Therapeutic Platinum Treatments

Utilising new state of the art technology, targets in reducing the signs of ageing and diminishes the appearance of fine lines and wrinkles by utilising a technology known as micro-current. Micro-current is a low level of electricity that mirrors the body's currents, which in turn triggers chemical reactions at a cellular level. The result is a visible firming and smoothing of the skin.

Bio-Therapeutic age defying skin treatment

£55

This extraordinary treatment, for all age groups, visibly reduced the signs of ageing. It lifts and tones sagging muscles and relaxes tightened muscles by stimulating collagen and elastin production. Combining the cosmeceuticals of Dermalogica® with the technology of Bio-Therapeutics micro-current technology this is a preventative treatment for younger clients and an essential facial for mature clients. 5 course treatment (saving £20) £255.

Add onto ProSkin 60 treatment for £25.

Invisible Expression

£55

Using the Invisible Expression masque this anti-ageing eye treatment addresses the early signs of ageing around the eye area. The lifting, toning application is followed by the hands free masque, infusing Dermalogica® high performance ingredients for a complete hydrating, firming treatment. 5 course treatment (saving £20) £255.

Add onto ProSkin 60 treatment for £25.

Platinum Touch Hand Renewal

£30

Don't let your hands give your true age away! This pampering service combines Dermalogica® ingredients and advanced Bio-Therapeutic technology to rejuvenate and brighten tired skin. 5 course treatment (saving £15) £135.

Add onto ProSkin 60 treatment for £20.



you may not understand
what it's saying, but we do.

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BioSurface™ peel treatment

£65

Here, you enter the realms of some serious science with options for highly active acid peels, and treatment serums and masques driven into the skin using advanced technology like ultra sonic, microcurrent and LED. The jargon is not important. What's important is that today's modern peels leave skin looking incredible fresh and healthy while feeling smooth and calm.

No downtime, just amazing skin. All that technology simply boosts results to another level, targeting lines, reducing brown spots and healing breakouts. This is the treatment for people who have more serious concerns regarding ageing, breakouts and hydration and want to see results fast.

BioSurface™ peel is a professional chemical peel designed to resurface the skin with minimal recovery time. Our unique multi-phase approach works with the skin's biology to safely slough away dull epidermal layers and accelerate cell renewal without inflammation and prolonged downtime typically associated with chemical peels. Your Dermalogica® skincare expert can help design a series of treatments to address your specific needs, whether looking to address photo ageing, fine lines and wrinkles, uneven skin tone or acne breakouts. Recommended series of 6 treatments over 6-9 weeks. Includes aftercare kit, value £17.50.

Take this option and receive your 6th treatment free, saving £65.



Wellness, massage and body treatments

Pure indulgence from top to toe for total body wellness, hot towels will warm the soles of your feet, essential oils will restore and revive your senses.



We offer a wide range of massage techniques including: Swedish, aromatherapy, deep tissue, sports, chakra balancing, pressure point, muscle extension techniques and myofascial release techniques, all encouraging the body to relax, detoxify and heal.

Each massage is bespoke to each client to provide the optimum outcome from your treatment.

Indian head massage	£22
Aromatherapy massage	£47
Including shoulders, face and scalp	
Hot stone body massage	£47
Including shoulders, face and scalp including chakra balancing	
Hot stone shoulder, face and scalp massage	£27
Hot stone back massage	£27/£38
Back, neck and shoulder	£22/£33
Body massage	£38
Body massage	£47
Including shoulders, face and scalp	
Reflexology	£38
This complementary therapy works on reflex points in the feet helping maintain the body's natural equilibrium. This therapy encourages the body to work naturally to restore its own healthy balance. Recommended a minimum of three treatments.	
Reiki & Seichem	£38
Seichem (pronounced say-keem) works in the same way as Reiki, with hands placed on the body, but in addition hands may be working in the aura which surrounds the body. It is reputedly one of the healing arts practiced in ancient Egypt. Reiki is one of the four elemental rays which make up Seichem - earth (Reiki), water, air and fire.	

...for the skin you're in

Wellness, massage and body treatments

Cupping

£38

Cupping is a traditional therapy and uses glass cups which are applied creating a vacuum to the skin. This can be described as a reverse massage and helps bring toxins to the surface where it is easier for the body to eliminate toxins through the superficial blood supply so they can be easily removed by the body. The treatment includes a massage to the targeted areas.

Thermo auricular therapy hopi ear candles

£28

Hopi Ear Candling is an ancient, natural, healing therapy. The treatment works gently and painlessly, to release earwax, moisture and debris from the eustachian tubes and sinuses, whilst at the same time creating a feeling of inner peace and calm. Concludes with a Dermalogica® pressure point facial massage.

Shrinking violet inch loss body wrap

£60

A painless, effortless process that can successfully remove fat in problem areas such as thighs, buttocks and abdomen. It is a revolutionary method to remove unwanted body fat naturally. Fat cells are broken down and easily excreted. Look and feel fantastic.

Prepaid 6 course treatment (saving £60)

£300

Complete exfoliating ritual

£27

For silky smooth skin, combining body brushing, Dermalogica® mineral salt scrub and Dermalogica® hydrating body cream.

Back cleanse

£22

Bespoke Dermalogica® products are selected for each client to provide the best outcome, leaving your skin, cleansed, exfoliated and hydrated.

Back massage & back cleanse

£40

Starting with your massage, tailored to your requirements, followed by a back cleanse using bespoke Dermalogica® products, selected for each client to provide the best outcome, leaving your skin, cleansed, exfoliated, hydrated and vibrantly healthy.

Face and body duo

£45

A luxurious treatment, combining the soothing effects of a hot stone massage with the tailored results of a Dermalogica® luxurious double power cleanse, skin specific masque, hydrate and moisturise.



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Wellness, massage and body treatments

Pure bliss

£45

Commencing with a back massage bespoke to your needs, followed with the tailored results of a Dermalogica® luxurious double power cleanse, skin specific masque, hydrate and moisturise. Culminating with a pressure point scalp massage.

Luxurious body triple treat

£60

The ultimate Dermalogica® full body indulgence. This treatment begins with a Dermalogica® mineral salt scrub exfoliation, followed by a nourishing body mask to banish dry skin. A deeply relaxing facial massage is performed while the body mask is left on to work its magic. The treatment culminates with a targeted hot stone massage.

Luxurious foot treatment

£20

Are you on your feet all day? Do your legs ache? This nourishing foot treatment will give your feet the attention they deserve. Foot scrub, hot oil or masque, heated boots, foot and leg massage, finishing off with Dermalogica® hydrating cream.

Luxurious hand treatment

£20

A targeted care for hard working hands. Includes hand exfoliation, hot oil or masque, heated gloves, massage, finishing off with Dermalogica® hydrating cream.

Holiday treat

£70

Manicure and pedicure, half leg and bikini wax finished off with eyelash tint.*

Exfoliation heaven

£70

File and polish for the hands and feet, full body exfoliation finishing off with a SunJunkie™ spray tan.

SunJunkie™ spray tan

£18

Ear piercing

£25

Caflon ear studs are made from hypoallergenic material meaning they do not cause allergies or irritations. The recognised brand for ear piercing. Includes a choice of studs and 2 aftercare solutions.



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Hands & feet

Combining the amazing good skin health products from Dermalogica® with market leaders CND and OPI, our hand and foot treatments are to be envied.

Spa manicure	£18
Spa manicure with Shellac™ or OPI Gel	£29
Commencing with a hand soak, file, cuticles, cream and polish.	
Spa deluxe manicure	£25
Spa deluxe manicure with Shellac™ or OPI Gel	£36
The ultimate manicure for luxury and skin softening. Commencing with a luxurious Dermalogica® hand soak, skin exfoliation, cuticles, heated mittens, massage, completing this treat with your choice of colour or nails buff polished.	
Spa pedicure	£24
Spa pedicure with Shellac™ or OPI Gel	£35
Commencing with foot soak, cuticles, hard skin removal, cream, file and polish.	
Spa deluxe pedicure	£29
Spa deluxe pedicure with Shellac™ or OPI Gel	£40
Commencing with a luxurious Dermalogica® foot soak, skin exfoliation, cuticles, hard skin removal, heated booties, massage, completing this treat with your choice of colour or nails buff polished. Paradise for the soul!	
Shellac™ or OPI Gel	£23
Free removal of our product with reapplication.	
Shellac™ or OPI Gel removal	£10
Shellac™ or OPI Gel removal with spa manicure	£22
The safe and quick removal of Shellac™ or OPI Gel.	
Paraffin wax treatment	£10
Add on treatment to any hand or foot treatment.	
French polish – Add £3.	

We also offer a variety of nail art, glitters, and added options to your nail service. Discuss with your therapist.



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Eyes

All eyes on you! Frame your face & enhance the eye area with the following treatments.

HD Brows™*	£27
Express yourself in High Definition! HD Brows™ is a high-precision treatment that transforms your eyebrows into their perfect shape. The brows can be as natural or glamorous as you prefer; whoever you are, whatever the state of your eyebrows, HD Brows™ will transform your brows and enhance your natural facial features.	
Eyelash tint*	£14
Eyebrow tint*	£8
Eyebrow tint* and tidy	£18
Eyelash and brow tint*	£18
LVL – Length, Volume, Lift*	£45
LVL Lashes is one of the quickest ways to brighten and lift your entire face! Get the “big lash look” without extensions. Immediate results, low maintenance - no mascara, gentle on natural eyelashes lasting up to 8 weeks. LVL is a lash enhancer making them appear longer and more voluptuous without causing damage.	
Book your LVL treatment with a brow treatment and receive your brow treatment half price.	
*Patch Test required minimum of 48hrs prior to treatment	
Wax	
Full leg including bikini line	£27
Full leg	£23
Half leg including knee	£17
Bikini line (standard)	£12
Bikini line (extended)	£17
Underarms	£10
Lip and/or chin	£10
Eyebrows	£12
Back or chest	£20-£30
Back and chest	£30-£40

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Mum to be

Pregnancy massages are becoming recognised as a go-to treatment for expectant mothers. The aim? To relieve weight-bearing areas, provide energy and leave you feeling lighter and brighter.



Mother to be and her bump

£45

The ultimate indulgence for you and your precious bump! This relaxing treatment offers a carefully tailored experience for the expectant mum. A nourishing and conditioning power pack is applied and left to do its magic whilst you enjoy a targeted massage from your qualified therapist. This is also suitable for post-pregnancy to help with the condition of the skin and treatment of stretch marks. Not suitable for clients with soya intolerance.

Pregnancy massage

£45

Back, shoulder, scalp, feet and ankles. A safe and relaxing massage which is completely tailored to the aches and pains associated with pregnancy with your qualified therapist. Drift away and enjoy.

Targeted pregnancy massage

£30

Choose the targeted area to concentrate on and leave the rest to us. A safe and relaxing massage which is completely tailored to the aches and pains associated with pregnancy with your qualified therapist.

Pregnancy back massage with luxurious foot treatment

£50

Providing a safe and tension busting back massage followed by a nourishing foot treatment will give your feet the attention they deserve. Foot scrub, hot oil, heated boots, foot and leg massage, finishing off with Dermalogica® hydrating cream.

Pregnancy massage with deluxe spa pedicure

£65

Commencing with a luxurious Dermalogica® foot soak, skin exfoliation, cuticles, hard skin removal, heated booties, massage, completing this treat with your choice of colour or nails buff polished. Paradise for the soul! Concluding with a pregnancy massage.



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